

CARNE (STEAKS)

At La Mezza Luna we use nothing but the best quality of steaks. We buy only Alberta Angus beef aged to 28 days for the perfect flavor and tenderness.

ALL STEAKS ARE SEASONED WITH OUR OWN SPECIAL SPICES AND ARE GRILLED TO YOUR LIKING

Served with fresh vegetable of the day, your choice of baked potato, fries, spaghetti, or rice and your choice of soup, tossed or caesar salad.

STEAK SANDWICH

6oz New York steak grilled to perfection. Served with garlic toast.

18.50

8oz NEW YORK STEAK

Mezza Luna Specialty.

23

12oz NEW YORK STEAK

30

RIB EYE

12oz boneless ribeye, grilled to your liking. Simply a favorite generous amount of tenderizing marbling; one of the juiciest and most flavorful steaks around.

35

PEPPERCORN STEAK

8oz New York steak topped with a green Madagascar peppercorn sauce.

26

STEAK NEPTUNE

8oz New York steak topped with asparagus, real crab and hollandaise.

28

STEAK AND SHRIMP

8oz New York steak served with two jumbo pan fried prawns.

28

6oz FILLET MIGNON

Served with pan fried mushrooms with a red wine reduction.

25

8oz FILLET MIGNON

Served with pan fried mushrooms with a red wine reduction.

29

Add to your steaks
Peppercorn sauce \$4
Neptune \$5
Grilled mushrooms with red wine \$3.25
Three pan fried jumbo prawns \$7

All above served with fresh vegetable of the day, your choice of baked potato, fries, rice or spaghetti and choice of soup or tossed or caesar salad.

FRUTTI DI MARE (SEAFOOD)

GRILLED HALIBUT STEAK

8oz Halibut steak cooked in herbs and garlic butter and served with tarter.

20.50

SALMON STEAK

8oz Salmon steak grilled with garlic butter and our own spices.

19.50

STUFFED SOLE

Sole stuffed with shrimp, crab, scallops, lobster, clams and cheddar cheese. Topped with a béarnaise sauce.

20

TUNA FILLET

8oz fillet grilled to medium rare unless otherwise noted. Served with wasabi.

22

SHRIMP DINNER

Six jumbo tiger prawns pan fried in a lemon butter sauce.

24

SEAFOOD DINNER FOR 2

Tuna fillet, Tiger prawns, Calamari and Stuffed sole served with rice and fresh vegetable medley.

MARKET PRICE

All above served with fresh vegetable of the day, your choice of baked potato, fries, rice or spaghetti and choice of soup or tossed or caesar salad.

PIATTO PRINCIPALE (SPECIAL DISHES)

Served with fresh vegetable of the day, your choice of fries, baked potato, spaghetti or rice, and choice of soup, tossed or caesar salad.

CHICKEN CORDON BLEU

Breast of chicken stuffed with ham and Swiss cheese, wrapped then cooked to a golden brown and covered in our own sauce.

20

POLLO CREOLO

Creole chicken. Chicken breast with cajun spices and served with a creole sauce (Peppers, onions, shrimp in a spicy tomato sauce).

24

BREADED VEAL CUTLETS

Two pieces of tender veal cutlets, grilled until golden brown and smothered in our own gravy.

19.75

MEZZA LUNA ITALIAN CHICKEN

8oz Chicken breast marinated in herbs & spices, then grilled to perfection.

18